Opioid Overdose and Intranasal Naloxone Training for Law Enforcement

Participant Manual

Prepared by
NYS Division of Criminal Justice Services
NYS Department of Health
NYS Office of Alcoholism and Substance Abuse Services
Albany Medical Center
Harm Reduction Coalition

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Training Rationale and Objectives

According to the federal Centers for Disease Control and Prevention, someone dies every 19 minutes from a drug overdose, and nearly three out of four prescription drug overdoses are caused by prescription painkillers. When prescription medication is no longer available, individuals often turn to illicit drugs, such as heroin.

Drug overdose is a significant problem in New York State. As a direct consequence of drug use, 1,848 persons died in New York in 2012. Based on post-mortem toxicologies, 478 of these deceased New Yorkers had heroin in their systems. In 879 of these deaths, opioid analgesics were involved.

The New York State Opioid Overdose Prevention Program authorizes community based organizations to prepare lay-responders to administer naloxone in cases of known or suspected opioid overdose. Between April 2006 and December 2013, lay-responders were responsible for over 850 overdose reversals as reported to the State by registered programs. As of April 2014, there are more than 130 registered programs across the State. While the NYSDOH has made significant progress promoting Opioid Overdose Prevention Programs, some areas of the state are without adequate overdose program coverage. In these areas, law enforcement officers and emergency responders are likely to be the first on the scene with the potential to play a role in reversing an opioid overdose.

Equipping law enforcement officers in NYS with intranasal naloxone is highly desirable for the following reasons:

1. The life-saving benefits of naloxone in reversing opioid overdose are clearly documented;
2. These individuals are frequently the first to arrive at the scene of an overdose placing them in the best position to administer this time-sensitive, life-saving intervention;
3. Delay in administering naloxone can lead to avoidable death and injury;
4. EMTs who can administer naloxone do not always arrive on the scene quickly enough to reverse an overdose;
5. Administration of naloxone via nasal atomizer by emergency response staff has become standard in other states and cities;
6. Use of a nasal atomizer reduces the potential for occupational exposure to HIV and viral hepatitis via needlestick;
7. Intranasal naloxone has comparable efficacy to injected naloxone;
8. No negative health outcomes have been reported after years of experience in several states and cities.
Training Objectives:

By the end of this training, the student will be able to:

1. Identify the reasons that law enforcement should be aware of community naloxone programs;
2. Explain the purpose of syringe access programs and the Good Samaritan 911 Law;
3. Identify the characteristics of an opioid overdose;
4. Identify the steps in care of a person who has overdosed on an opioid; and
5. Demonstrate how to use intranasal naloxone to treat an opioid overdose.
Training Agenda

Complete Pre-training assessment

*Part One: Law Enforcement Naloxone Overview*

Topics to be covered:
- Purpose of this Training
- Opioids and Opioid Overdose
- Review of NYS Law
- Community Access Naloxone in NYS

*Part Two: Administration of Naloxone*

Topics to be covered:
- Administration of Naloxone
- Practice Session
- Post-Administration Considerations
- Final Review

Complete Post-training assessment
Law Enforcement Naloxone Overview: Part One

Meet the Presenter

- **Name**
- **Position**
- **Disclosure**
  - The presenters have no academic conflict of interest
  - The presenters have no financial conflict of interest
  - FDA Off-label use of a medication will be discussed

By the end of this training, the student will be able to:

- Identify the reasons that law enforcement should be aware of community naloxone programs;
- Explain the purpose of syringe access programs and the Good Samaritan 911 Law;
- Identify the characteristics of an opioid overdose;
- Identify the steps in care of a person who has overdosed on an opioid; and
- Demonstrate how to use intranasal naloxone to treat an opioid overdose.
Why are police officers reviewing this topic?

- Often the first on the scene at an overdose
- To be better prepared to assist the public
- To assure we are prepared to deal with opioid users in crisis
- To improve interactions with the public

Opioid Overdose Impacts all Socio-Economic Groups and Regions

Who is at risk of overdose?

<table>
<thead>
<tr>
<th>People who use opioids for pain control</th>
<th>Young people who are experimenting with drugs or who have drug dependence</th>
<th>Long time drug users, often after a period of abstinence (rehab, prison, recovery)</th>
</tr>
</thead>
</table>

Opioid overdoses occur in urban, rural and suburban areas of the state

OPIOID OVERDOSE: CAN YOU RECALL?

- Any experience you have had on the job with overdose?
- Cases that have been in the news locally or nationally?
What are opioids?

Drugs derived from, or similar to, opium
- Heroin
- Morphine (named after Morpheus - Greek god of sleep)
- Methadone
- Oxycontin (long acting oral opioid)
- Oxycodone (Percocet)
- Hydrocodone (Lortab, Vicodin)
- Fentanyl
- Many others

NOT Opioids:
- Cocaine
- Methamphetamines
- Valium
- Xanax

Signs and Symptoms of Opioid OD

- Unresponsive or minimally responsive
- Not breathing or respiratory arrest
- Slow breathing (< 10 per minute)
- Snoring with gurgling
- Blue or ashen color (cyanosis)

How overdose occurs

1. Opioids repress the urge to breathe
2. Carbon dioxide levels increase
3. Oxygen levels decrease
4. Process takes time
5. There is time to respond, but no time to waste

- Slow breathing
- Breathing stops
- Lack of oxygen may cause brain damage
- Heart stops
- Death
Drug treatment – opioid dependence

- Methadone and buprenorphine (Suboxone, Zubsolv) are medications used to treat opioid dependence
- If taken daily these medications reduce the risk of overdose death by as much as 80%
- Both may be diverted and sold on the street for recreational use and for self-administration to avoid withdrawal
- Incorrect use of methadone has a much higher risk for overdose than does buprenorphine

Naloxone (Narcan)

- Opioid antagonist which reverses opioid overdose
  - Can be administered intravenous, injectable or intranasal
  - Blocks opioids from acting on the body
  - Works for about 30-90 minutes
  - Analogy: “Steals the parking place”
    - Naloxone prevents opioids from going where they want to go
    - It steals the “parking place”

Naloxone in action

- Causes sudden withdrawal in the opioid dependent person – an unpleasant experience
- Doesn’t get a person “high” and is not addictive
- Has no effect if an opiate is not present
- Routinely used by EMS for over 40 years
- Available for use as first aid on another person in many states, including New York
911 Good Samaritan Law

Encourage those present at an overdose to do the right thing and call for help
Offers protection from charge and prosecution for possession of:
- Drugs up to an A2 felony offense (possession of up to 8oz of narcotics);
- Alcohol (for underage drinkers);
- Marijuana (any amount);
- Paraphernalia offenses;
- Sharing of drugs (in NYS sharing constitutes a “sales” offense).²

Good Samaritan Law: Limitations

Does not offer protection for drug offenses involving:
- Sales for consideration or other benefit or gain
- People in possession of A1 felony amounts of narcotics (not marijuana), meaning 8oz or more of narcotics
- 1st degree criminal possession of a controlled substance
- 1st degree criminal sale of a controlled substance
- Operating as a major trafficker
- Arrest or charge for drug or alcohol possession for individuals with an open warrant for their arrest or are currently on probation/parole.²

Does not extend to outstanding warrants, probation or parole violations, or other non-drug related crimes
Overdose Law in NYS (PHL 3309)

- Protects the non-medical person who administers naloxone in setting of overdose from liability
  - “shall be considered first aid or emergency treatment”
  - “shall not constitute the unlawful practice of a profession”
- Allows the medical provider to provide naloxone for use as first aid on another person

Syringe Possession: Amendment to Section 220.45 of the Penal Law – October, 2010

Amended to state that persons do not act unlawfully by possessing a syringe without a prescription if they participate in one of these three public health programs.

Public Health Programs

- Syringe Exchange Programs
- Expanded Syringe Access Program (ESAP pharmacies)
- Opioid Overdose Prevention Program

More About Syringe Access Laws

PUBLIC HEALTH BENEFITS

1. Protects users from infections from sharing needles
2. Protects public safety personnel and the public from dirty needles
3. Gets dirty syringes off the street
4. Chance to enroll people in drug treatment programs

IMPORTANT NOTE

Section 220.03 of Penal Law was amended to state that residual amounts of a controlled substance on syringes obtained via public health programs is not unlawful.
Community access naloxone in NYS

Well over 130 locations registered including:
- Syringe exchange/syringe access sites
- Drug treatment programs
- HIV treatment programs
- Homeless shelters
- Public health departments
- Hospitals
- Law enforcement agencies

Community Overdose Education

- Call 911 if there is a problem!
- Use with others who know what to do if an overdose happens – make a plan
- Be aware of companions at all times when using
- Be careful if using alone, especially if:
  - Mixing different classes of drugs
  - Using after abstinence
  - (And watch out for others in these situations)

Community access naloxone

- Individuals authorized to carry and administer naloxone to overdose victims
  - May not have any identification of this on them
- Kits are generally blue and marked
- In one study, the more community members that carried naloxone, the more the overdose death rate decreased

Don’t stop someone if they say they are giving naloxone or Narcan to an overdose victim
Intramuscular naloxone

Intranasal naloxone

Bottom line

If at an aided call and someone has overdosed:
- Prioritize officer and EMS safety and treat the overdose victim as soon as possible
- Remember the Good Samaritan 911 Law

If someone says they are treating an overdose victim with naloxone or Narcan—let them!
- You are not responsible for the administration of naloxone by someone else
- The naloxone will be in a commercially prepared vial and may be intranasal or intramuscular
Law Enforcement Naloxone Overview
Part 2
Administration of Naloxone

Logistics of naloxone program
- It is regulated but not a controlled medicine
- Needs to be obtained from a licensed prescriber
- Should be stored at room temperature and away from direct light
  - Avoid extremes of temperature
- Has a limited shelf life—note expiration date

Intranasal naloxone
Advantages of intranasal administration

- Nose is easy access point for medication and delivery
- Painless
- Eliminates risk of a contaminated needle stick

How to do it

The scene

- You may be responding to a suspected overdose, or you may discover one
- Scene safety / body substance isolation is a top priority
- Ask bystander(s) what and when the patient injected, ingested, or inhaled, or if a transdermal patch has been used
  - Was more than one substance used?
When to Use Naloxone

- Overtone suspected
  - Not responsive to painful stimuli
    - Breathing status
      - Normal or Fast
      - Slow (<10x minute)
      - No or Gasping
    - Turn on side
    - Naloxone
    - Naloxone and CPR

Administration

- Wipe the nose if it is messy
- Hold the patient’s head with one hand
- Keep the head tilted backward (this prevents the medication from running out of the nostril)
- Place the atomizer within one nostril
- Gently, but firmly, spray half of the vial (about 1 ml) into that nostril
- Spray the rest of the medication into the other nostril

STEPS TO ASSEMBLE – OPEN BOX
TAKE OFF YELLOW CAPS

TAKE CAP OFF MEDICATION
OPEN ATOMIZER

ATTACH ATOMIZER

SCREW MEDICATION INTO HOLDER
Post-administration considerations

* Use **CAUTION** when administering naloxone to narcotic dependent patients!
* Rapid opiate withdrawal may cause nausea and vomiting and may cause **combativeness**
* Roll patient to their side after administration to keep airway clear
* If patient does not respond within 3-5 minutes, administer second dose

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**Reporting Form**

* Law enforcement must report activities using the DCJS approved reporting form
* Data elements to be completed include:
  - Status of overdose victim before administration of naloxone
  - Details regarding administration of naloxone, such as number of vials used, how long it took for the naloxone to work
  - Outcomes of the administration of naloxone
* Brief review of form (included in training manual)

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**Know Your Law Enforcement Agency’s Policies**

* After the June 11, 2014 MPTC meeting, the Council will have approved a model policy
* It will be important for law enforcement officers to be familiar with their specific agency’s policies and procedures
Questions?

Questions from other officers:
- What if we give it to someone who hasn’t taken opioids?
  - Nothing. They get a wet nose.
- What about accidental spraying in the air near others?
  - Won’t hurt anyone else or you.
- Can we get in trouble for administering?
  - No. It is considered “first aid or emergency treatment” and PHL protects the person administering the medication.
Why law enforcement naloxone?

- Why watch someone die?
- Early treatment improves outcomes for victim
  - Reduced cost in medical care
  - Increased potential for seeking rehab
- Improves community relations

Resuscitation

- Use of naloxone should be incorporated into standard procedures used for an unconscious person
- Resuscitation may include full CPR, chest compressions only or rescue breathing with adjuncts
- Rescue breathing may depend on availability of equipment

When to Use Naloxone

- Overdose suspected
- Not responsive to painful stimuli
- Breathing status
  - Normal or Fast
  - Slow (<10x minute)
  - No or Gapping
- Turn on side
- Naloxone
- Naloxone and CPR
Thank You for Your Attention

Instructor name and contact information
Appendix A: Contents of Naloxone Kit

Each naloxone kit consists of a zip bag or pouch containing:

- Two vials of naloxone
- Two mucosal atomization devices for nasal administration
- One pair of latex gloves
- Guide on the use of naloxone.
Appendix B:
Reporting Form
New York State Public Safety Naloxone Quality Improvement Usage Report

Date of Overdose: [ ] [ ] / [ ] / [ ] / [ ]
Arrival Time of Officer: [ ] : [ ] [ ] AM [ ] PM
Arrival Time of EMS: [ ] : [ ] [ ] AM [ ] PM

Agency Case #: ____________________________
Gender of the Person Who Overdosed: [ ] Female [ ] Male [ ] Unknown
Age: [ ] [ ]
Zip Code Where Overdose Occurred: __________
County Where Overdose Occurred: __________

Aided Status Prior to Administering Naloxone: (Check one in each section)
- Responsiveness: [ ] Unresponsive [ ] Responsive but Sedated [ ] Alert and Responsive [ ] Other: (specify) ______________________
- Breathing: [ ] Breathing Fast [ ] Breathing Slow [ ] Breathing Normally [ ] Not Breathing
- Pulse: [ ] Fast Pulse [ ] Slow Pulse [ ] No Pulse [ ] Did not check pulse

Aided Overdosed on What Drugs? (Check all that apply)
- [ ] Heroin [ ] Benzos/Barbiturates [ ] Cocaine/Crack [ ] Buprenorphine/Suboxone [ ] Pain Pills [ ] Unknown Pills
- [ ] Unknown Injection [ ] Alcohol [ ] Methadone [ ] Don't Know [ ] Other: (specify) ______________________

Administration of Naloxone
Number of vials of naloxone used: [ ]

If naloxone worked, how long did naloxone take to work?: [ ] Less than 1 minute [ ] 1-3 minute(s) [ ] 3-5 minutes [ ] >5 minutes [ ] Don't Know

Aided's Response to Naloxone:
- [ ] Combative [ ] Responsive and Angry [ ] Responsive and Alert [ ] Responsive but Sedated [ ] No Response to Naloxone

Post-Naloxone Symptoms: (Check all that apply)
- [ ] None [ ] Dope Sick (e.g. nauseated, muscle aches, runny nose and/or watery eyes) [ ] Respiratory Distress
- [ ] Seizure [ ] Vomiting [ ] Other: (specify) ______________________

What else was done by officer? (Check all that apply)
- [ ] Yelled [ ] Shook Them [ ] Sternal Rub [ ] Recovery Position [ ] Bag Valve Mask [ ] Mouth to Mask [ ] Mouth to Mouth
- [ ] Defibrillator: (If checked, indicate status of shock) [ ] Defibrillator - no shock [ ] Defibrillator - shock administered
- [ ] Chest Compressions [ ] Oxygen [ ] Other: (specify) ______________________

Was naloxone administered by anyone else at the scene? (Check all that apply)
- [ ] EMS [ ] Bystander [ ] Other: (specify) ______________________

Disposition: (Check one) [ ] Care transferred to EMS [ ] Other (specify) ______________________

Did the person live? [ ] YES [ ] NO [ ] Do not know

Hospital Destination ____________________________
Transporting Ambulance ____________________________

Comments: ____________________________

Administrating Officer's Information:
Agency ____________________________
Shield # ____________________________
Last Name ____________________________
First Name ____________________________

Please send the completed form to the NYS Department of Health using any one of the three following methods:
E-mail: oper@health.state.ny.us
Fax: (518) 402-6813

Mail:
Shu-Yin John Leung
OPER, AIDS Institute, NYSDOH
Empire State Plaza CR342
Albany, New York 12237
Appendix C:
Model Policies and Procedures
Municipal Police Training Council
Administration and Maintenance of Intranasal Naloxone
Model Policy

I Purpose

The purpose of this policy is to establish broad guidelines and regulations governing the utilization of naloxone by trained personnel within a law enforcement agency. The objective is to treat and reduce injuries and fatalities due to opioid-involved overdoses when law enforcement is the first to arrive at the scene of a suspected overdose. Each agency is encouraged to modify these protocols to conform to their specific needs, while being mindful of the intent of the procedures.

II Policy

Law enforcement personnel and civilians may possess and administer naloxone so long as they have been trained consistent with New York State Public Health Law §3309 and the regulations in §80.138 of Title 10 of the New York Codes, Rules and Regulations. The New York State Division of Criminal Justice Services and the New York State Department of Health training curriculum meets this standard. New York State Public Health Law §3309 provides protection for non-medical individuals from liability when administering naloxone to reverse an opioid overdose.

III Definitions

A. Opioid: A medication or drug that is derived from the opium poppy or that mimics the effect of an opiate. Opiate drugs are narcotic sedatives that depress activity of the central nervous system; these will reduce pain, induce sleep, and in overdose, will cause people to stop breathing. First responders often encounter opiates in the form of morphine, methadone, codeine, heroin, fentanyl, oxycodone (OxyContin®, Percocet®, and Percocet®), and hydrocodone (Vicodin®).

B. Naloxone: A prescription medication that can be used to reverse the effects of an opiate overdose. Specifically, it displaces opioids from the receptors in the brain that control the central nervous system and respiratory system. It is marketed under various trademarks, including Narcan®.

C. Overdose Rescue Kit: At minimum should include the following:

1. Two (2) prefilled luer-lock syringes, without needles, each containing 2mg of naloxone in 2ml of solution, and within their manufacturer assigned expiration dates.

2. Two (2) mucosal atomizer device (MAD) tips, compatible with standard luer-lock syringes.
Municipal Police Training Council
Administration and Maintenance of Intranasal Naloxone
Model Policy

IV Procedures

A. Deployment:

1. Each agency will identify an individual to be the coordinator for the naloxone administration program: Responsibilities will include:
   a. Maintaining training records for personnel;
   b. Assuring the supply, integrity and expiration dates of the Overdose Rescue Kits and;
   c. Assuring the maintenance of the administration records.

2. Each agency will ensure the officers carrying or having access to the Overdose Rescue Kits are trained in the use of the naloxone.

3. Refresher training should occur at minimum biennially and consist of familiarity with the assembly of the Overdose Rescue Kit and the effective administration and maintenance of naloxone.

B. Naloxone Use

1. Officers will request an ambulance to respond to scene where the aided is in a potential overdose state.

2. Officers should use universal precautions and protections from blood borne pathogens and communicable diseases when administering naloxone.

3. Officers will determine need for treatment with naloxone by evaluating the aided: if the aided is unresponsive with decreased or absent respirations they should administer naloxone following the established training guidelines.

4. Once the assessment of the aided is complete; which should include, but may not be limited to determining unresponsiveness and other indicators of opioid involved overdose, each officer will administer the medication from the Overdose Rescue Kit following the established training guidelines.

5. Officers will use proper tactics when administering naloxone; aided individuals who are revived from an opioid overdose may regain
Municipal Police Training Council
Administration and Maintenance of Intranasal Naloxone
Model Policy

consciousness in an agitated and combative state and may exhibit symptoms associated with withdrawal.

6. Officers will remain with the aided until EMS personnel arrive.

7. Officers will inform EMS personnel upon their arrival that naloxone has been administered.

8. Officers will complete a naloxone administration/restock form.

C. Maintenance/Replacement of Naloxone:

1. Overdose Rescue Kits will be carried in a manner consistent with proper storage guidelines for temperature and sunlight exposure.

2. Used, lost, damaged, or expired Overdose Rescue Kits will be replaced according to agency policy.

3. Expired naloxone will be:
   a. Maintained by the agency for use in training; or
   b. Properly disposed of according to agency policy.

D. Documentation:

1. Following naloxone administration, the officer shall submit a New York State Public Safety Naloxone Quality Improvement Usage Report to the New York State Department of Health.

Appendix A

New York State Public Safety
Naloxone Quality Improvement Usage Report
New York State Public Safety Naloxone Quality Improvement Usage Report

<table>
<thead>
<tr>
<th>Agency Case #</th>
<th>Gender of the Person Who Overdosed:</th>
<th>Zip Code Where Overdose Occurred:</th>
<th>County Where Overdose Occurred:</th>
</tr>
</thead>
</table>

| Aided Status Prior to Administering Naloxone: |  |
|------------------------------------------------|  |
| Responsiveness: |  |
| Breathing: |  |
| Pulse: |  |

| Aided Overdosed on What Drugs? (Check all that apply) |  |
|-------------------------------------------------------|  |
| ☐ Heroin | ☐ Benzos/Barbiturates | ☐ Cocaine/Crack | ☐ Buprenorphine/Suboxone | ☐ Pain Pills | ☐ Unknown Pills | ☐ Unknown Injection | ☐ Alcohol | ☐ Methadone | ☐ Don't Know | ☐ Other: (specify) |

| Administration of Naloxone |  |
|---------------------------|  |
| Number of vials of naloxone used: |  |

| If naloxone worked, how long did naloxone take to work? |  |
|---------------------------------------------------------|  |
| ☐ Less than 1 minute | ☐ 1-3 minute(s) | ☐ 3-5 minutes | ☐ >5 minutes | ☐ Don't Know |

| Aided's Response to Naloxone: |  |
|-----------------------------|  |
| Post-Naloxone Symptoms: (Check all that apply) |  |

| What else was done by officer? (check all that apply) |  |
|-------------------------------------------------------|  |
| ☐ Yelled | ☐ Shook Them | ☐ Sternal Rub | ☐ Recovery Position | ☐ Bag Valve Mask | ☐ Mouth to Mask | ☐ Mouth to Mouth |

| Was naloxone administered by anyone else at the scene? (check all that apply) |  |
|---------------------------------------------------------------------------------|  |
| ☐ EMS | ☐ Bystander | ☐ Other:(specify) |

| Disposition: (check one) |  |
|--------------------------|  |
| ☐ Care transferred to EMS | ☐ Other (specify) |

| Did the person live? |  |
|----------------------|  |
| ☐ YES | ☐ NO | ☐ Do not know |

| Hospital Destination | Transporting Ambulance |  |
|----------------------|------------------------|  |

| Administering Officer's Information: |  |
|--------------------------------------|  |
| Agency | Shield # |  |
| Last Name | First Name |  |

Please send the completed form to the NYS Department of Health using any one of the three following methods:

- E-mail: oper@health.state.ny.us
- Fax: (518) 402-6813
- Mail: Shu-Yin John Leung
  OPER, AIDS Institute, NYSDOH
  Empire State Plaza CR342
  Albany, New York 12237
Appendix D:
Frequently Asked Questions
What is New York State’s opioid overdose prevention program?

Since April 2006, New York State has had a program regulated by the Department of Health through which eligible, registered entities provide training to individuals in the community on how to recognize an overdose and how to respond to it appropriately. The applicable law is Public Health Law Section 3309 and the regulations are in 10 NYCRR 80.138. The appropriate responses to an opioid overdose include calling 911 and administering naloxone (Narcan), an opioid antagonist which reverses the potentially life-threatening consequences of an overdose. Eligible entities for these programs include individual prescribers (physicians, physician assistants and nurse practitioners), drug treatment programs, health care facilities, local and state government agencies, community-based organizations, secondary educational institutions, pharmacies and public safety agencies. Public safety agencies do not need to be registered programs in order for their officers to be trained.

Is this program successful?

Over 150 programs have registered with the Department of Health, and more than 20,000 overdose responders have been trained. These individuals have successfully administered naloxone more than 900 times according to reports that have been submitted to the State. The actual number of reversals these responders have been responsible for is likely to be substantially higher.

Why can’t we rely solely on EMS to respond to overdoses?

We can and should continue to rely on EMS to respond to overdoses—but not to the exclusion of others who may be the first on the scene. Every second counts in an overdose. It is a medical emergency. With appropriate training, administering naloxone is relatively simple. Having trained individuals in the community makes saving lives easier for EMS.

Why are we training law enforcement officers?

Law enforcement personnel are often the first to arrive on the scene of an overdose. Sometimes they are responding to an EMS call; and sometimes, in the course of their work, they just happen to encounter someone who has overdosed. We want to ensure that these officers have the training and the necessary tool, naloxone, to make a difference when it matters most. Many law enforcement officers are already trained in using AEDs (automated external defibrillators) or in administering CPR (cardiopulmonary resuscitation). Adding naloxone to their set of tools will help save lives.

How does one get trained to save the lives of people who have overdosed?

A simple, single session generally lasting less than one hour is all that is necessary for an officer to be trained in recognizing and responding to an opioid overdose. The training is likely to be a joint effort between one of New York State’s registered opioid overdose prevention programs and either a single law enforcement agency or a group of agencies, perhaps as part of a regional training. A standard curriculum has been developed to guide
these trainings. If your agency is a certified basic life support emergency medical service and if you are either a certified first responder or an emergency medical technician at the basic level, you should receive a specialized EMS training.

**How will I know when training sessions will be offered?**

The New York State Division of Criminal Justice Services utilizes a statewide email directory known as DCJS Contact to announce the availability of training courses. DCJS has already announced many opioid overdose training opportunities and will continue to announce them as soon as they are available for release. To enroll, click [here](http://calendar.dcjs.state.ny.us/) to access the enrollment form. You may also view upcoming training opportunities by visiting the DCJS training calendar at http://calendar.dcjs.state.ny.us/.

**Can a general topics instructor train other law enforcement officers?**

Yes. General topics instructors who have successfully completed an approved opioid overdose and intranasal naloxone training for law enforcement are appropriate for training other law enforcement officers. Instruction should be coordinated with a New York State Department of Health registered Opioid Overdose Prevention Program and one of its affiliated prescribers.

**Are there training materials available for use by law enforcement instructors?**

The New York State Division of Criminal Justice Services, the New York State Department of Health, Albany Medical Center, the Harm Reduction Coalition and other local partners have collaborated to develop instructional materials for distribution to law enforcement agencies. The materials can be obtained by attending a train-the-trainer session or by emailing DCJS at OPS_GeneralPolicing@dcjs.ny.gov and requesting a course CD. A mailing address and contact name must be provided in order to send the compact disc. The training materials were developed for use by any individual or organization that will train law enforcement officers on the use of naloxone. Approved instructors must read through the Administrative Guide located in Appendix B of the instructor manual before conducting the training, so that they can receive the free kits and their students can receive a DCJS certification upon completion.

**How do I get naloxone?**

In order to furnish naloxone to law enforcement officers, three requirements must be met: 1) the officers must have completed a training which conforms with DCJS and DOH approved instructional materials; 2) a patient-specific or non-patient specific prescription must be issued for the medicine by a prescriber affiliated with a NYS DOH-registered opioid overdose prevention program; and 3) the naloxone should be furnished either by the prescriber personally or by someone designated by the prescriber in a non-patient specific prescription.
Why is a prescription necessary for naloxone?

Although naloxone is not a controlled substance, it is still a prescribed drug. All prescribed drugs require a prescription, and all prescriptions must come from someone who is legally authorized to provide them. Health Care professionals—who are defined in Public Health Law 3309 as persons “licensed, registered, or authorized pursuant to title eight of the education law to prescribe prescription drugs”—may prescribe naloxone to law enforcement officers by either a patient-specific prescription or a non-patient specific prescription.

Can naloxone be shared among officers in the same agency?

A non-patient specific prescription eliminates the need for law enforcement officers to have unique, personal overdose kits dispensed to them under a patient-specific prescription. Law enforcement officers can instead have shared access to— and use of— naloxone dispensed to the organization for which they work under a non-patient specific prescription (i.e. equip each patrol car with naloxone instead of each officer). Your agency’s policies and procedures should address this sharing.

Does my agency need to do anything special so that I and my colleagues can get naloxone?

Yes. Your agency should develop policies and procedures that address its officers intervening in overdoses and administering naloxone. The Municipal Police Training Council has adopted a Naloxone Administration and Maintenance Model Policy for agencies to utilize when developing their own policies and procedures. The model policy can be downloaded from the eJusticeNY Integrated Justice Portal via accessing resources > reference library > law enforcement > MPTC.

How should naloxone be maintained?

As a general rule, naloxone should be kept as close to room temperature as possible. It should also be kept out of direct sunlight. Your agency’s policies and procedures should address the maintenance of naloxone.

How long can naloxone be kept?

Naloxone should be within the expiration date that appears on its packaging. Your agency’s policies and procedures should address maintaining naloxone consistent with its expiration date.

Will I have to use a needle to administer naloxone?

No. All of the naloxone being provided to law enforcement officers will be for intranasal (up-the-nose) administration. You will receive hands-on training on how this is done.
LAW ENFORCEMENT PERSONNEL IN NEW YORK STATE AS OPIOID OVERDOSE RESPONDERS
QUESTIONS AND ANSWERS

Can the naloxone harm me or others around me?

No.

How do I get refills?

This will be addressed at your training. Generally the refills will come from the medical provider dispensing the naloxone to your agency.

Will a certificate of completion be issued by the NYS Division of Criminal Justice Services?

Yes. Individuals completing the training will receive a training certificate issued from the NYS Division of Criminal Justice Services and the individual’s training record documented in the Police and Peace Officer Registry will be updated.

How do I obtain naloxone when my instructor(s) train members of my agency utilizing the DCJS and DOH approved training materials?

Included within the training materials is an administrative guide containing a list of currently acceptable options to equip trained opioid overdose responders with naloxone in your agency.
Appendix E:

DCJS January 2013 Memorandum on Good Samaritan 911 Law
MEMORANDUM

TO: New York State Law Enforcement Agencies
FROM: Gina L. Bianchi
Deputy Commissioner and Counsel
DATE: January 28, 2013
SUBJECT: Good Samaritan 911 Law

As you know, pursuant to Chapter 154 of the Laws of 2011, a person who in good faith seeks health care for himself or another, or is the subject of a good faith request, and who is experiencing a drug or alcohol overdose or other life threatening medical emergency, shall not be charged or prosecuted for a controlled substance or marihuana offense, or possession of alcohol or drug paraphernalia if the controlled substance, marihuana, alcohol or paraphernalia was obtained as a result of the person seeking or receiving health care. In his approval message, Governor Cuomo directed that the Division of Criminal Justice Services work with law enforcement to ensure that appropriate training and guidance is provided to law enforcement personnel who may be expected to determine whether someone was suffering from an overdose and whether the person who sought aid acted in good faith since failure to promptly seek medical care or assistance for overdoses can result in avoidable loss of life. The intent of this law is to encourage people, who otherwise may refuse to do so for fear of criminal prosecution, to seek medical attention.

It should be noted that the immunity from being charged and prosecuted does not apply to drug offenses involving sales for consideration or other benefit or gain,\(^1\) or class A-I drug felonies, such as Penal Law §220.21, criminal possession of a controlled substance in the first degree; Penal Law §220.43, criminal sale of a controlled substance in the first degree; and Penal Law §220.77, operating as a major trafficker.\(^2\) Additionally, the protections do not extend to outstanding warrants, probation or parole violations, or other non-drug crimes. The law also makes it clear that evidence recovered in a situation involving seeking health care for an overdose victim may be admitted into evidence against a person who does not qualify for the exemption and, for the person who does qualify, evidence may be admitted in the prosecution of a non-covered crime. Finally, the law established an affirmative defense to a criminal sale of a controlled substance or marihuana offense when the defendant, in good faith, seeks health care for someone, or for him or herself, who is experiencing a drug or alcohol overdose or other life

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\(^1\) For instance, criminal sale of a controlled substance offense or criminal sale of marihuana offense.

\(^2\) There are A-I felonies in Penal Law Article 220, which pertains to controlled substances offenses, but there are no class A-I felonies in Penal Law Article 221, which pertains to offenses involving marihuana.
threatening medical emergency; and the defendant has no prior conviction for the commission or
attempted commission of a class A-I, A-II or B felony.\(^3\) However, the affirmative defense
cannot be used for class A-I or A-II felonies.

The law is not intended to interfere with the protocols of law enforcement to secure the
scene of an overdose and the law does not prevent the detention of a person while police
investigate the facts of the particular case to determine if the person should be charged and
prosecuted.\(^4\) Although the statute does not provide how long a person may be detained, the
United States Supreme Court has held that where an agent diligently pursued his investigation
and no delay unnecessary to the investigation was involved, a 20–minute detention of a suspect
met the Fourth Amendment's standard of reasonableness (\textit{U.S. v. Sharpe}, 470 U.S. 675, 105
S.Ct. 1568 [1985]). As noted, the law requires that medical attention be sought “in good faith.”
As such, criminals who attempt to use this law to manipulate the exemptions to avoid
prosecution when such prosecution is warranted can be charged and prosecuted.

In sum, if an overdose or life threatening emergency exists, and health care for this
condition is sought in good faith, then the “Good Samaritan” or victim shall not be charged or
prosecuted for a controlled substance or marihuana offense, or possession of alcohol or drug
paraphernalia. However, because this law was recently enacted, there has been no judicial
interpretation of its provisions. Thus, application of this law may raise questions and create
challenges for the law enforcement community which must be determined on a case-by-case
basis and will depend on the unique facts of each particular case. Therefore, law enforcement
agencies should consult their local prosecutors with respect to specific enforcement questions.

If you require additional information, please contact the Division of Criminal Justice
Services’ Office of Legal Services at (518) 457-8413.

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\(^3\) This pertains to Penal Law Article 220; there are no class A-I, A-II, or B felonies in Penal Law Article 221.

\(^4\) As Governor Cuomo stated in his approval memo, “removal of the word ‘arrest’ from an earlier version of this bill
was meant to give these responding officers the ability to detain individuals who may or may not be entitled to the
statutory exemption from prosecution conferred by this bill in order to investigate all the facts and circumstances of
any criminal conduct and seek guidance from the appropriate officials.”